

LUNCH BLACKBOARD

Ph..369 6311/369 6310 CateringPlatterssalads,pastashrimp,crabcakes (f)369-4170

Fruit:Watermelon,Strawberries,Kiwi,Cantaloupe,Pineapple,Mango4.50...

WatermelonLemoade.3.5.MangoLemonade.3.50..ArnoldPalmer's..IceTea..2andmore..

- I. *The Surf Salad.. Spring mix, crab cakes, dab of wasabi, roasted yellow peppers, diced asparagus, cucumbers, red onions, olives grape tomatoes, cabbage, carrots & ranch dressing..9.*
- II. *The Country Swing Salad..spring mix ,grilled chicken, cranberries, apricots, almonds, crumbled feta cheese local cherry tomatoes, chopped cucumbers and balsamic dressing,.8*
- III. *The Cowboy Salad.. baby spinach, bbq chicken, grilled pineapple, gorgonzola cheese, red onions, carrots, cherry tomato, cucumbers and blue cheese dressing... 8 Shrimp 11*
- IV.*The Chopped Steak Salad.. chopped romaine, grilled steak, goat cheese, dab of sundried tomato pesto, roasted yellow peppers, cabbage, carrots, cucumbers, tomatoes & basil dressing..8*
- V. *The Classico Salad.. baby arugula, endive, grilled chicken, radicchio, endive, croutons, shaved romano cheese, olives, chick peas, cucumbers, cabbage, carrots, tomatoes& balsamic dressing...7.75*
- VI. *The Colorado Wrap...seared steak, spring mix, sundried tomato pesto, salsa verde , melted cheddar and potato salad..8*
- VII. *The Nino Panini..rosemary bread, breaded chicken, grilled portobello, roasted yellow peppers, melted mozzarella, basil pesto, and pasta salad..7.95*
- VIII. *The Hunting Panini..italian garlic bread, sliced fillet mignon, sauteed spinach, melted swiss, potato salad ..7.95*
- IX. *The Pulled Duck Slider..marinated, grilled duck, melted swiss on potato roll with baby spinach, tomato, jack cheese with a haricot vert and tomato side salad ..9*
- X. *The Vegetable Wrap .grilled zucchini, eggplant, roasted peppers, baby spinach, feta cheese, red wine dressing with side salad...775*
- XI.*The Chauncy Taco....grilled chopped fillet, diced grilled vidallia onions, local tomato salsa, gorgonzola crumbles, finished with tomatillo salsa with chips....8*
- XII.*Blue Jay Panini.. rosemary roll with olive oil and garlic, breaded chicken, sliced tomato melted provolone with a side salad....7.75*
- XIII. *Montauk Shrimp Taco..Cajun shrimp, roasted corn, pink beans, tomato salsa, chopped lettuce, cilantro pesto yellow rice and black beans...11*
- XIV.*The Pasta Cabo..san marzano tomatoes, basil garlic broccoli rabe, 2 seared sea scallops served over linguini pasta..14*
- XV.*The River Burger..cajun dusted sirloin burger, grilled red onions, bbq mayo, bacon, jack cheese and guacamole with potato salad...8.*
- XVI. *The Mohawk Wrap.cajun chicken, melted cheddar, mango salsa, black beans, dash of BBQ with side salad.. 7.75*

.....PORTION LUNCH.....

- XVIII. *Small Ceasar Salad.. Grilled Chicken with all the trimmings...5*
- XIX. *Chicken or Tuna Melt .swiss on a grilled pita with lettuce, tomato and chips..7*
- XX.*Province...grilled Italian bread with olive oil, basil pesto, prosciutto, roasted peppers, melted provolone with a pasta side salad.. 6*
- XXI. *Simple Turkey Wrap....turkey, chopped romaine, tomato, bacon mayo and chip 7*

